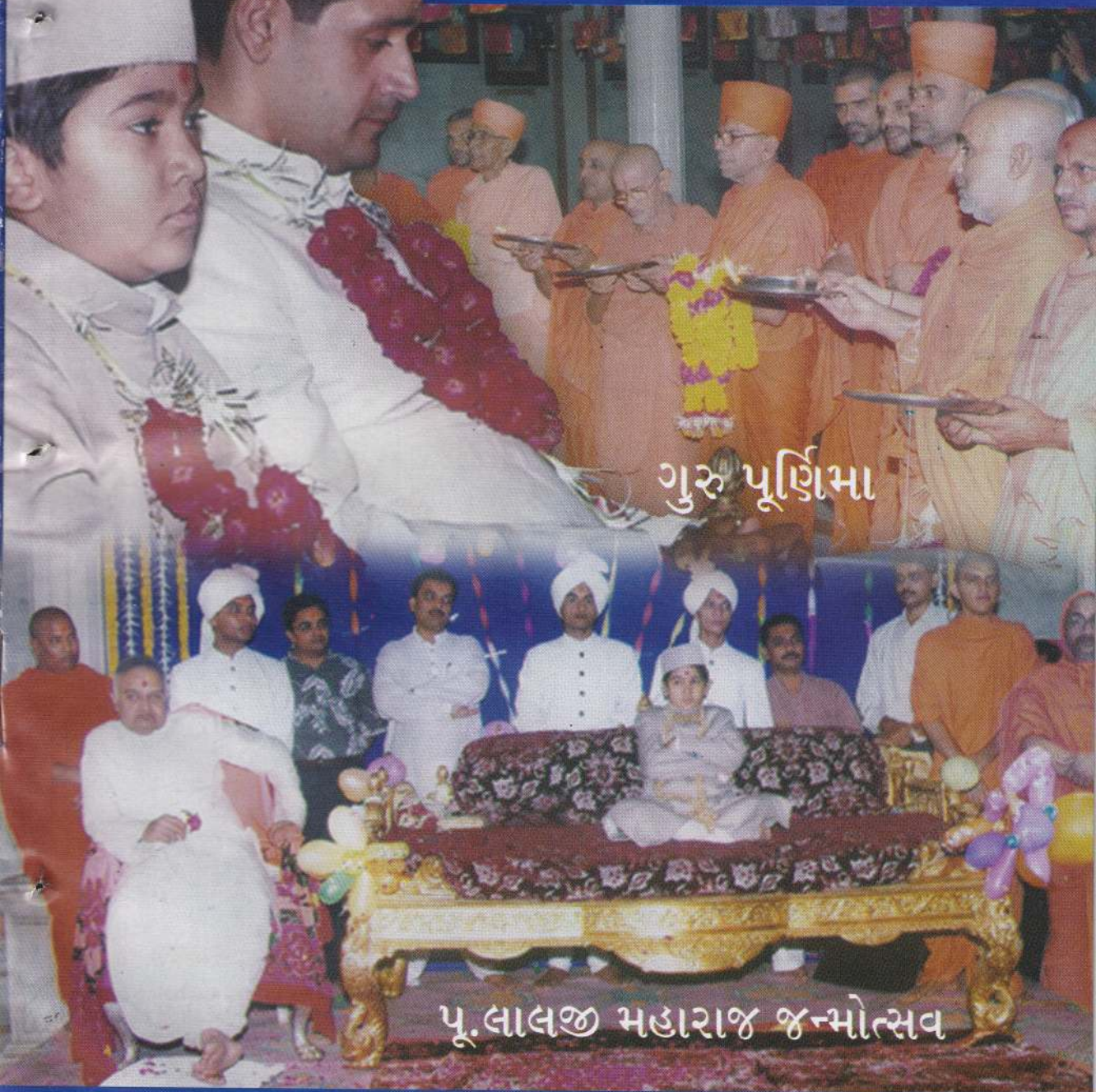
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Rs. 5/-

SHREE SWAMINARAYAN

AUGUST '06



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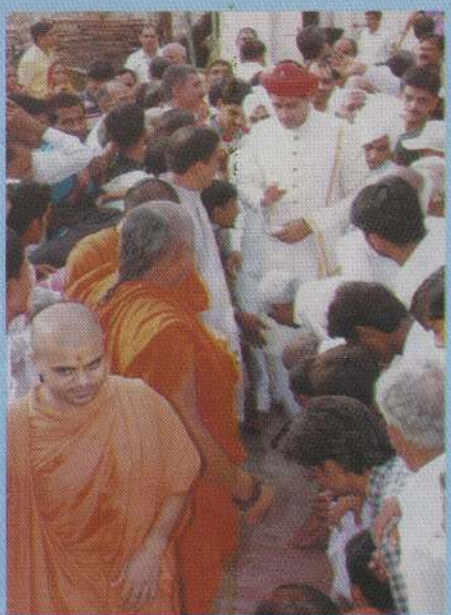


H.H. Acharya Maharajshri inaugurates Dhoon session of the 225 days duration (Bi-Centennial Silver Jubilee, Charadava Temple)



H.H. Acharya Maharajshri installs idols of God at Shri Swaminarayan Mandir, Jivapar (Muli Region)

Satsangi disciples serve Gurupurnima obesiance to their Guru - H.H. Acharya Maharajshri.





Senior devotees in Aarti service on auspicious birthday of H.H. Lalji Maharajshri.



The son of Dr. K.K. Patel (Netramali) receives blessings of H.H. Acharya Maharajshri Tejendraprasadji Maharajshri, on auspicious occasion of his marriage.



S.G. Vrindavan Swami and saints are being blessed by His holiness on occasion of invocation ceremonies organized at Shri Swaminarayan Mandir (Ladies), Memka (Muli Desh)



Founded in 1998 A.D. By H.H. Acharya Maharaj 1008 Shri Tejendraprasadji Maharajshri, Shri Narnarayandev Diocese.

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Official News-letter from Shri Narnarayandevdesh Diocese

SHREE SWAMINARAYAN श्री स्वामिनारायण

Vol : 8 No : 95 August 2006

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Editorial

The sacred-four month - Chaturmaas - is an unique amalgamation of two seasons Varsha and Sharad. Both the seasons give pleasure and joys to mankind and enthusiasm and elation attain highest heights during this period. The earth wears new attires of leaves, flowers, shurb and meadows in the rainy season. In his householder life, man receives grains and wealth and to share this personal achievements, there are festivals and events ! Varsha and sharad are the seasons of festivals and celebrations.

Hindola festival in this season is more popular. God swings in the beautiful Hindolas made by his devotees.

"ઝરમર-ઝરમર મેહા બરસે ગરજે ગરજે ઘનઘોર
હિંડોરડામેં હોરે-હોરે ઝૂલો મહારાજ"

(Rain is raining melodious music. Clouds are thundering in the sky. Oh Maharaj ! please grace the hindola and enjoy the swings served by your devotees)

This grand festival is followed by Janmashtami festival, Ganapati Utsava, Jalhilani Ekadashi celebrations, and thereafter Sharad Navratra, Vijaya Dashmi and Dipawali Mahotsava.

These festivals add in joys of mankind. We forget the enjoyment as soon celebrated the event. thus, the joys of festivals are forgotten after the festival, but we should not forget the blissful pleasure of receiving God. In cooking a vegetable, it is alright if forgot to put flavour and spices, but it can not be excused if forgot to put a pinch of salt. In life of a satsangi, it is not important if some minor thing was missed, but God should not be forgotten in any circumstance. Blissful pleasure of receiving God should be remembered constantly forever. Shriji Maharaj has said in Vachanamrit that devotees of God should live and ralish eternal taste of realizing God. He should live with pride of receiving God. He should be proud of his prized possession – He should be proud of his humble service, to God. He is not a poor man serving to his inner enemies or inherent nature. Devotees should earn the blissful pleasure of God by serving, like a servent and by his devotion like a slave of God. This should be the ultimate Goal of life.

- **Shastri Swami Nirgundas**
Editor
Shri Swaminarayan.



Appointment Diary of H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri

July-2006

1. Graced the house of Shri Bachubhai Amin, Vastrapur, Ahmedabad.
   Graced the house of Mansukhbhai C. Mistri, Satellite, Ahmedabad.
6. Graced Shri Swaminarayan Mandir, (Ladies), Lunawada and invoked the idols of God. Lunawada, Panchmahals.
7. Initiated Maha Deeksha and Guru Mantra to the new saints.
   Graced Mahapooja organized at the house of Shri Govindbhai J. Thumar and graced the neighbouring houses to bless aspirant devotees. Naroda, Ahmedabad.
   Graced the dwelling of Shri Rajeshbhai R. Panchal, Vatva, Ahmedabad.
9. Graced Shri Swaminarayan Mandir Charadava and inaugurated constant Mahamantra Dhon of the 225 days duration planned on grand event of Bi-centenial Siliver Jubilee Birthday of Swaminarayan Bhagwan. Charadava, Muli-Desha.
11. Received Guru Purnima Poojan from his devotees and saints from India and abroad.
12. Graced 'Himalaya Jewellers' (Prop. Shri Kishorbhai Choksi), Bapunagar, Ahmedabad.
    Graced the house of Shri Gordhanbhai Sitapara (Hirwadi) with the houses of the other devotees. Bapunagar, Ahmedabad.
    Graced "Shriji Jewellers" (Manek Chowk) of Shri Sanjaybhai R. Soni, Manekchowk, Ahmedabad.

13-25. Overseas religious tour to grace Patotsava of Shri Swaminarayan Mandir, Florida and Satsang Youth Camp at New Jersey.

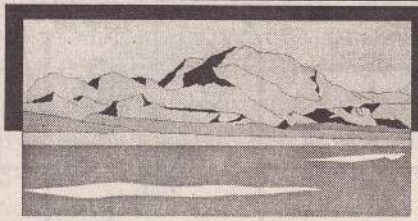
27. Graced Hindola Celebrations at Shir Swaminaryan Mandir, Unjha.
    Graced the house of Shri Pravinbhai Mulchandbhai, Unjha.
28. Graced the houe of Shri Jitendrakumar M. Liladharbhai. Prahladnagar, Ahmedabad.

PUBLIC NOTICE

The orders of H.H. Acharya Maharajshri and obedience to such order are a must for the Haribhaktas in accordance to Desh-Vibhag-No-Lekh and Shri Satsangi Jeevan. This great tradition is well in place from last 200 years.

In accordance to the tradition, as and when a Satsangi or a saint, if comes to the sangis to collect the Dharmada or to conduct Katha Varta, he comes to them carring an order (Mohar Chaap) from H.H. Acharya Maharajshri. The follower devotees are requested to ensure that the visitor tenders such a letter of order, on demand. Devotees should insist for such a letter.

- by order
Mahant Swami
Shree Swaminarayan Temple
Kalupur, Ahmedabad.



The Sixth Descendant Heir of Shri Hari – H.H. ACHARYA TEJENDRAPRASADJI MAHARAJSHEI Leads Pilgirmage of the Holy Shrine Kailash – Mansarovar

Shri Swaminarayan Bhagwan renounced the world uin his eleven the year when His father and mother asended to divine abode of Akshardham. Celibate Neelkanth walked through the seclusion of forests at such tender age about 215 years ago, when the world of science was not able to penetrate those ferocious forests. The celibate boy crossed the valies, scaled the highest hights of the mountains, went through the stormy rivers of icey water and graced the eternal land of Kailash Mansarovar. He did there most painful penance and transformed the land in holy shrine. S.G. Adharanand Swami has described this divine episode in his scared book 'Shri Hari charitamrit sagar'. Here is a word picture from the sacred book :

मानसरोवर महाविशाला, फूल रहे मही कमल लाला, हंस बैठे तेहि तीर अपारा, मोतीन को सब करत चारा ।
सो सर में हरि नहाये जाई, मगन भए महा हुलसाई तीहां रहे हरि पांच ही दिना, सब हंस तेही दर्शन कीना ॥

(Lotus flowers are blooming at the splendid lake of Mansarovar and the royal swans are playing at its spacious banks. The swans are consuming real pearls. Shri Hari graces this lake for bathing. Shri Hari dwelled at this palce for the five days and favoured the royal swans by His blissful Darshan).

Now after a period of 215 years, the Dharm vansha of Lord Shri Hari initiates first pilgrimage of the Shrine of Kailash Mansarovar led by H.H. Acharya Shri Tejendraprasadji Maharajshri – the sixth descendant heir of Shri Swaminarayan Bhagwan. The hundreds of devotees and saints from India and abroad are to follow the steps of His holiness at this holy pilgrimage. This shall be a glorious event for the sect.

The devotees in India and abroad, who aspire to join pilgrimage in holy company of His holiness, are requested to contact instantly for an on the spot registration.

THE SCHEDULE OF THE PILGRIMAGE

Days : 16 Rout : By road Kathmandu – Zangmu – Kailash – zangmu

1	30-9-06	Arrival at Kathmandu and night halt.
2	1-10-06	Darhsna of Pashupatinathji – Buddhanath and other places.
3	2-10-06	Kathmandu to Nyalam by jeep. Distance : 180 k.m., 8 to 9 hours. Night halt at Nyalam.
4	3-10-06	Halt at Nyalam.
5	4-10-06	Nyalam to saga : 250 k.m. 7 to 8 hours Night halt at the gust house at Saga.
6	5-10-06	Saga to Pahyag : 225 k.m., 7 to 8 hours with night halt at Paryag.
7	6-10-06	Paryag to Mansarovar : 250 k.m., 9 to 10 hours with night halt at the Mansarovar guest house or at the tents.
8	7-10-06	Bathing and Poojan – Archan at the Mansarovar. Mansarvar to Darchen. Night halt at the guest house at Dharchen.
9	8-10-06	Darchen to Tarboche by jeep. **The first-day of the Kailash – Parikrama** begins here at Tarboche. Tarboche to Deerapuk 12 k.m. 6 yo 7 houres. Night halt at the tents.
10	9-10-06	**The second day of Kailash – Parikrama.** Deerapuk – Dormala pass – Zunthutpuk 21 k.m., 10 to 11 hours. Night halt at the tents.
11	10-10-06	The third and the last day of Parikrama. Zuthulpuk to Horkya on the bank of Mansarovar, 8 K.M, 5 hours, Night halt at the tents.
12	11-10-06	Horkyu to Paryag, Night halt at the Guest house.
13	12-10-06	Paryag to Saga. Night halt at the guest house.
14	13-10-06	Saga to Nyalam. Night halt at Nyalam.
15	14-10-06	Nyalam to Zangmu and from there - the zangmu, will proceed to Kathmandu by luxury buses on completion of custom and immegration formatiies.
16	15-10-06	Kathmandu to Airport by bus and by air to home town.

Expenses per pilgrim : Rs. 63000-00 (overseas passport holders : $ 2051)
Kathmandu-Kailash Mansarovar Kathmandu. (Devotee from oversees are welcome with their family.)
(1) Age group : 12 years to 70 years. (2) Days : 16 (3) Passport is a must (4) The pilgrimage beings and ends at International Airport Delhi. (5) Patients of asthma an a heart ailments are not allowed. (6) Get registered before 30-8-06.

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URL : www. kailash-yatra.com



'शतंजीवेम् शरदः'

KNOW YOUR DIABETES

(FROM THE HEALTH SOUVENIR ISSUED BY ISSO SEVA, SERVING HUMANITY)

WHAT IS BLOOD PRESSURE ?

Blood pressure is the force of blood against the walls of arteries. Blood pressure is recorded as two numbers - the systolic pressure (as the heart beats) over the diastolic pressure (as the heart relaxes between beats). The measurement is written one above or before the other, with the systolic number on top and the diastolic number on the bottom. For example, normal blood pressure is less than 120 mmHg systolic and less than 80mmHg diastolic.

HIGH BLOOD PRESSURE

High blood pressure increases your chance (or risk) for getting heart disease and/or kidney disease, and for having a stroke. It is especially dangerous because it often has warning signs or symptoms. Regardless of race, age, or gender, anyone can develop high blood pressure. It is estimated that one in every four American adults has high blood pressure. Once high blood pressure develops, it usually lasts a lifetime. You can prevent and control high blood pressure by taking action.

HIGH BLOOD PRESSURE DETECTION

You can find out if you have blood pressure by having your blood pressure checked regularly. Most doctors will diagnose a person with high blood pressure on the basis of two or more readings, taken on several occasions. A consistent blood pressure reading of 140/90 mmHg or higher is considered high blood pressure another term for hypertension.

Some people experience high blood pressure only when they visit the doctor's office. This condition is called "white-coat hypertension." If your doctor suspects this, you may be asked to monitor your blood pressure at home or asked to wear a device called an ambulatory blood pressure monitor. This device is usually worn for 24 hours and can take blood pressure every 30 minutes. In this section you will learn more about diagnosing high blood pressure.

WHAT ARE HIGH PRESSURE AND PREHYPERTENSION ?

Blood pressure is the force of blood against the walls of arteries. Blood pressure rises and falls during the day. When blood pressure stays elevated over time, it is called high blood pressure.

The medical term for high blood pressure is hypertension. High blood pressure is dangerous because it makes the heart work too hard and contributes to atherosclerosis (hardening of the arteries). It increases the risk of heart of disease and stroke, which are the first and third leading cause of death among Americans. High blood pressure also can result in other conditions, such as congestive heart failure, kidney disease, and blindness.

A blood pressure level of 140/90mmHG or higher is considered high. About two-third of people over age 65 have blood pressure. If your blood pressure is between 120/80mmHG and 139/89mmHG, then you have pre-hypertension. This means that you don't have high blood pressure now, but are likely to develop it in the future. You can

take step to prevent high blood pressure by adopting a healthy lifestyle.

Those who do not have high blood pressure at age 55, face a 90 percent chance of developing it during their lifetimes. So high blood pressure is a condition that **most people have at some point in their lives.**

Both numbers in a blood pressure test are important, but for people who are 50 or older, systolic pressure gives the most accurate diagnosis of high blood pressure. Systolic pressure is the top number in a blood pressure reading. It is high if it is 140mmHG or above.

WHAT IS SYSTOLIC BLOOD PRESSURE ?

Systolic pressure is the force of blood in the arteries as the heart beats. It is shown as the top number in a blood pressure reading. High blood pressure is 140 and higher for systolic pressure. Diastolic pressure dose not need to be high for you to have blood pressure. When that happens, the condition is called "isolated systolic hypertension," or ISH.

Is isolated systolic high blood pressure common ?

Yes. It is the most common form of blood pressure for older Americans. For most Americans, systolic blood pressure increases with age, while diastolic until about age 55 age, than decline. About 65 percent of hypertensives over age 60, have ISH. You may have ISH and feel fine. As with other types of high blood pressure, ISH often causes no symptoms. To find out if you have ISH-or any type of high blood pressure – see your doctor and have a blood pressure test. The test is quick and painless.

Is isolated systolic high blood pressure dangerous ?

Any from of high blood pressure is dangerous if not properly treated. Both number in a blood pressure test are important, but, for some, the systolic is especially meaningful. That's because, for those persons middle aged and older, systolic pressure gives a better diagnosis of high blood pressure. If left uncontrolled, high systolic pressure can lead to stroke, heart attack, congestive heart failure, kidney damage, blindness, or other conditions. While it cannot be cured once it has developed, ISH can be controlled. Clinical studies have proven that treating a high systolic pressure saves lives, greatly reduces illness, and improves the quality of life. Yet, most American do not have their high systolic pressure under control.

Does it require special treatment ?

Treatment options for ISH are the same as for other types of high blood pressure, in which both systolic and diastolic pressures are high. ISH is treatment with lifestyle changes and/ or medications. The key for any high blood pressure treatment is to bring the condition under proper control. Blood pressure should be controlled to less than 140/90mmHG. If yours is not, than ask your doctor why. You may just need a lifestyle or drug change, such as reducing salt in your diet or adding a second medication.

WHAT IS DIASTOLIC BLOOD PRESSURE ?

Diastolic pressure is the force of blood in the arteries as the heart relaxes between beats. It's shown as the bottom number in a blood pressure reading.

The diastolic blood pressure has been and remains, especially, for younger people, an important hypertension number. The higher the diastolic blood pressure the greater the risk for heart attacks, strokes and kidney failure. As people become older, the diastolic pressure will begin to decrease and systolic blood pressure begins to rise and becomes

more important. A rise in systolic blood pressure will also increase the chance for heart attacks, strokes, and kidney failure. Your physician will use both the systolic and the diastolic blood pressure to determine your blood pressure category and appropriate prevention and treatment activities.

WHY IS HIGH BLOOD PRESSURE IMPORTANT ?

High blood pressure is dangerous because it makes the heart work too hard. It also makes the walls of the arteries hard. High blood pressure increases the risk for heart disease and stroke, the first- and third- leading cause of death for Americans. High blood pressure can also cause other problems, such as heart failure, kidney disease, and blindness.

EFFECTS OF HIGH BLOOD PRESSURE ON YOUR BODY

Stroke

High blood pressure is the most important risk factor for stroke. Very high pressure can cause a break in a weakened blood vessel, which then bleeds in the brain. This can cause a stroke. If a blood clot blocks one of the narrowed arteries, it can also cause stroke.

Impaired Vision

High blood pressure can eventually cause blood vessels in the eye to burst or bleed. Vision may become blurred or otherwise impaired and can result in blindness.

Arteries

As people get older, arteries throughout the body "harden," especially those in the heart, brain, and kidneys. High blood pressure is associated with these "stiffer" arteries. This, in turn, cause the heart and kidneys to work harder.

Kidney Damage

The kidneys act as filters to rid the body of wastes. Over time, high pressure can narrow and thicken the blood vessels of the kidneys. The kidneys filter less fluid, and waste builds up in the blood. The kidneys may fail altogether. When this happens, medical treatment (dialysis) or a kidney transplant may be needed.

Heart Attack

High blood pressure is a major risk factor for heart attack. The arteries bring oxygen-carrying blood to the heart muscle. If the heart cannot get enough oxygen, chest pain, also known as "angina," can occur. If the flow of blood is blocked, a heart attack results.

Congestive Heart Failure

High blood pressure is the number one risk factor for congestive heart failure (CHF). CHF is a serious condition in which the heart is unable to pump enough blood to supply the body's needs.

WHY CAUSE HIGH BLOOD PRESSURE ?

The causes of high blood pressure vary. Causes may include narrowing of the arteries, a greater than normal volume of blood, or the heart beating faster or more forcefully than it should. Any of these conditions will cause increased pressure against the artery walls. High blood pressure might also be caused by another medical problem. Most of the time, the cause is not known. Although high blood pressure usually cannot be cured, in most cases it can be prevented and controlled.

WHO CAN DEVELOP HIGH BLOOD PRESSURE ?

High blood pressure is common. About 65 million American adults – nearly 1 in 3 – have blood pressure. It is very common in African Americans, who may get it earlier in life and more often than whites. Many Americans tend to develop high blood

Con. on page 11

Yogis in Kaliyuga

- Shastri Haripriyadasji

Who says that great yogis are not born in the adverse times of Kaliyuga ? There were devotees who may be placed at the rank of yogis like Ambarisha, Janaka and Dhruva. Those devotees were faithful followers of Shriji Maharaj, Though they were householders, they were not touched by the alluring sense objects.

Here is a true story.A true story about Shriji Maharaj and his devotees. There was a small village - Nenpur. Satsangi Devjibhai and his wife were living in that village. They were faithful devotees of Swaminarayan Bhagwan. By the grace of God they had a son - the son too was a devotee of Shriji Maharaj. They were earning their livelihood by working at their farm. Devotion and householder duties were being performed very religiously by this family. Time has invisible wings it flies very fast. Now their darling son was in his youth - a young gentleman of eighteen ! His father Devjibhai was looking for virtuous families to select a bride for his son. But destiny has its own way and direction. Their only son and heir fell ill. The ailment, though it appeared like a fever and slight temperature, tolled heavily and took away the life of the youth. The family was camping at the farm to look after devotion and duty. Devotee Devjibhai concluded the funeral rites of the son and then they both sat together to think over the situation.

'It was God's wish. Our son has ascended to the abode of Akshardham. Lord Swaminarayan Bhagwan has invited him, God himself has escorted him to Akshardham. Our son was to live with us for eighteen years and that was the will of Shriji Maharaj'.

Then consenting to his thoughtful observation, she said to Devjibhai 'It is true. Our son was a noble soul. He was a single-minded devotee of Shriji Maharaj. His devotion and service were far greater than our devotion and service that is why he reached there earlier than us'

The pious couple thought about the world and the worldly ways. If they went home the residents of Nenpur and the relatives would come to know about the incident and the visitors would throng their house to console Devjibhai and family. It was most important for them to avoid such mad rush of worldly ways.

They gave good thought to the circumstances and decided that they should not inform anybody about this incident. She then suggested to her husband that he should continue to live in the house at the farm, and then suggesting about herself, she asked her husband to permit her to visit Gadhpur to live in the holy company of Samkhyayogi sisters. Both should spend one month and those thirty days would be enough for the people to forget about the death of their son.

Now is the core of this unforgettable event. Devjibhai's wife came to Gadhpur. Shriji Maharaj was addressing a satsang

session. She saluted from far to pay respect to Shriji Maharaj. Shriji Maharaj was gracing a seat beneath a lush green neem tree. Hundreds of satsangis – male and female were seated in separate wings in front of him. There at the back of the entire satsang, she stood and paid salute.

Lord Shriji Maharaj is omniscient and omnipresent. He knew her, but what about the audience ? What about the satsangis ? To make them realize who she was, Shriji Maharaj said 'How is our devotee ? Is he alright' ? An ordinary woman may cry and weep in answer to such a question but she too was a firm devotee. She submitted politely 'Maharaj ! Bhagat was quite happy and now he is happier than before by your grace'. The listeners were not able to grasp the meaning of her answer, therefore they assumed that there may be some profit or worldly advantage or some addition in income. Maharaj found that His satsang was thinking about some material gains. He thought it fit to get it clarified. Maharaj asked her 'What means happier than before ?'

She prayed ' Maharaj ! Our only son was given by you. Bhagat was a little worried about searching for a suitable bride for him, because he was to step in to adulthood by crossing the 18th year of life. Bhagat was looking for a noble soul who may increase our devotional fervor by her presence in our family. Oh my Lord ! Shriji Maharaj ! You have freed him from this tension. Now Bhagat is worry-free by your grace'.

Shriji Maharaj then asked her, 'Oh lady devotee ! Please explain how our Bhagat has become worry-free ?' 'Maharaj ! Oh Omnipresent Lord ! Our youthful son has ascended to Akshardham by your grace. Bhagat has become worry-free by your grace'.

Shriji Maharaj looks at the satsangis and says, 'Devout listeners ! You all are householders and my Devji Bhagat too is a householder. His only son has ascended to Akshardham. He is not lamenting after his death but says in solace that it was the grace of God. God has desired so. It was for better now he was freed from the worries about searching for a suitable family and a virtuous bride for him. Now there will be ample time to do devotion. Their son has ascended to the abode of God and they too desire to be there, but the departed soul was most fortunate because he reached there earlier than them. Think about the spiritual height of Devji Bhagat. For a householder, this was nothing less than a disaster, but a householder who maintains solace and poise is a true devotee.'

S G Brahmanand Swami says in his devotional song :

"જગનું સુખ-દુઃખ રે, માયિક મિથ્યા કરી જાણે,
તન ધન જાતા રે, અંતરમાં શોક ન આણે."

(A true devotee makes no difference between pleasures and pains in the world. He treats them as manifestation of Maya. He will not be unhappy if he lost his body or wealth)

Bhagwan Swaminarayan preaches us to surmount such conflicts, maintain solace in adverse and favorable times. Such a soul always lives in the abode of God. This elemental world is a divine abode for him.

HOW TO LEARN ?

- Sadhu Shrirangdas

Friends ! Do you want to secure more marks ? Do you want to progress in your life ? Then pay attention to the following :

આલસ્ય મદ મોછા ચ ચાપલ ગૌષ્ઠિ રેવચ,
સ્તબ્ધતા ચાભઈમાનિત્વ તથા ઽત્યાગિત્વ મેવ ચ.

(Laziness, delusion, smartness, talkativeness, rudeness, ego and greed are vices for a true student. A student - a disciple - should forsake these vices)

Eklavya, though a Bheel belonging to the tribal community,earned name and fame when he forsook those seven vices. Eklavya was a Bheel boy living in the forest. Wild animals, huge trees, creepers, insects and decaying leaves were his surroundings and habitat. Like animals and birds, these Bheels too sustain their life by killing smaller animals. Eklavya was not a commoner like his tribe. He was an ambitious boy - simple living and high thinking. He was a true seeker of knowledge. He desired to be a disciple of Guru Dronacharya who was the Guru of the Pandavas and the Kauravas. Only royal blood was admitted to his hermitage. The hermitage and Gurukulam of Guru Dronacharya was the best in education and training. Emperors and kings were visiting the hermitage to seek admission of their heir - prince. Eklavya, being a Bheel boy, was not qualified for admission. Though this was a discouraging response - a rejection - yet Eklavya never lost hope and firmly determined to receive education from Guru Dronacharya.

He went back to the forest and right in the heart of the dense forest, he made a small hut of dry branches, leaves and creepers and installed an idol of Guru Dronacharya. He himself shaped the lump of clay in an image of Guru Dronacharya. He bedecked it with leaves, flowers and petals.

Eklavya was an active and hardworking boy. He discarded laziness and procrastination and firmly believed in rising early to complete early morning rituals and bathing before sunrise. He was beginning his day by presenting Poojan-Archan to his Guru, and thereafter with absolute concentration and poise he was practicing archery and other skills in presence of his Guru - idol form of Dronacharya. Days, months and years passed in such practice. There was total oneness of heart between him and his Guru. Eklavya never thought about his home, relatives, friends, food, thirst, shelter or hunger. He thought only about his Guru. He established absolute oneness. Such dedication, faith, concentration and sacrifice bore fruits. He mastered archery and the science of missiles. The knowledge and expertise of his Guru was easily available to him due to his oneness with his Guru. He became an expert archer and arrows shot by him were absolutely under his control.

Though an expert in archery, he never used it to highlight his ego. He always acted like a learner - a student.

The hermitage of Guru Dronacharya was nearby that forest. Once, Guru Dronacharya and his disciples were on an educational walk in the forest. Yuddhishthira, Arjuna and Bheema with senior Kauravas and brothers were escorting their Guru to learn more about the forest and the animals. A dog from the hermitage was walking a little ahead of them to detect the walkway. As they penetrated deep into the forest, the dog ahead of them began to bark louder. The dog was

nearing the place of Eklavya. As the dog saw him, it started to bark. The dog was barking at Eklavya. Eklavya tried to ignore his barking but the noise of loud barking disturbed him constantly. At last to keep his mouth shut, Eklavya shot the arrows and corked his open mouth. There was total balance and absolute control on speed, destination and continuity. Though the open mouth of the dog was corked tight by the arrows,no injury was caused and all this took place in a fraction-of-a-second ! The dog fell silent all of a sudden. The Pandavas and the Kauravas ran to the dog to find out the cause. Dronacharya and disciple-saints reached there and saw the dog. The arrows had landed neatly in his open mouth without doing harm to the animal and all this had taken place in a split second. It was a marvel of archery.

Eklavya from his practice ground, came to them and paid obeisance to Guru Dronacharya Guru Dronacharya asked him about his whereabouts and identity. Eklavya then said , 'Oh Gurudev ! I am Eklavya. You are my Guru - my teacher. I have learnt this science from you'. It was like a shock to Guru Dronacharya. Dronacharya said, ' Eklavya ! This is a lie. You never had been a disciple of mine. I have not taught anything to you. You have not attended any session conducted by me. You are not my pupil. Please don't submit such lies.'

Eklavya escorted them to his practice place and pointed to the hut and idol. He then submitted, 'Oh Guru Dronacharya ! You are my Guru. I have learnt and practiced this science in your benign presence and with your due blessings. For days, months and years I have practiced in the presence of this idol. My expertise is nothing but the fruits of your teaching. Oh Guru ! Please order me to submit Guru Dakshina.' Guru Dronacharya wished to test his dedication and asked him to donate the thumb of his right hand as Dakshina. Eklavya obeyed the orders of his Guru and paid dakshina - his right hand thumb !

Con. from page 7..... **'शतंजीवेम् शरदः'**

pressure as they get older, but this is not a part of healthy aging. Middle aged American face a 90% chance of developing high blood pressure during their lives. Others at risk for developing high blood pressure are the overweight, those with a family history of high blood pressure, and those with prehypertension (120-139/80-89 mmHg).

PREVENTION

You can take steps to prevent high blood pressure by adopting a healthy lifestyle. These steps include maintaining a healthy weight; being physically active; following a healthy eating plan, that emphasizes fruits, vegetables, and lowfat dairy foods; choosing and preparing foods with less salt and sodium; and, if you drink alcoholic beverages, drinking in moderation. In the section you will learn more about healthy lifestyle habits for preventing and controlling high blood pressure.

TREATMENT OF HIGH BLOOD PRESSURE

It is important to take steps to keep blood pressure under control. The treatment goal is blood pressure below 140/90 and lower for people with other conditions, such as diabetes and kidney disease. Adopting healthy lifestyle habits is an effective first step in both preventing and controlling high blood pressure. If lifestyle changes alone are not effective in keeping your pressure controlled, it may be necessary to add blood pressure medications. In this section you will learn about blood pressure-lowering lifestyle, habits and blood pressure medications.

Sparks of Brahmic Luminosity

- Chandrakant M Pathak

A debating session is in progress. Paramhansas and saints are submitting before Shri Hari, the doubts and inquiries calling immediate attention. Shriji Maharaj helps them to be objective in their study of the scriptures. If required, Shri Hari counters them by furnishing more information.

Swayamprakashanand Swami submits, 'Maharaj ! According to Geeta, the devotees who have attained the abode of God , would not descend to earth at any later time. Then what could be the cause of the fall in the case of those who have descended pitiably from that abode of God ?'

Shriji Maharaj listened to him attentively and asked him to submit examples, 'Who has descended back after his ascent to the abode of God ? Give me at least one example.'

Swami says 'Radhikaji and Shridama had descended from the Geoloka.'

Shriji Maharaj says 'Radhikaji descended at the will of God. Jay Vijay had ascended back to abode of God in their third birth. Bhagwan himself desired to incarnate himself on the earth with Radhikaji. These are not the cases of descent. A descending soul cannot re-establish contact with Bhagwan. Soul and God are separated forever in the descent of a soul.'

One such story is narrated in the Vachanamrit. Who were Jaya and Vijaya ? Why had they fallen down from the abode of God ? Why were they forced to take birth ? Why were they born in the Asura clan ? Why did they fight against God ? Under what circumstances were they cursed by Rishi Sanakas ? These events are very interesting. In fact the entire chain of events took place at the will of God. God desired so to happen.

'Sanakas' is not a singular or proper noun. It is a plural and collective noun. The word 'Sanakas' or 'Sanakaadi' stands for a group of people. When Creator-God, Lord Brahma, took on hand the creation of the universe, he evolved in initial stage the five states of mind; namely Agyana (ignorance), Mithya Gyaana (false knowledge), Bheda (variance), Bhaya (fear) and Shoka (distress). Yoga Darshan describes them as five vrittis. When Brahma realized that these five were of no use in creating the universe, He went into meditational trance and submitted his prayer to Bhagwan. Bhagwan empowered him to create four celibate boys by his psychic powers. Those four boys - Sanaka, Sanandana, Sanatana and Sanat Kumar are known as 'Sanaka" or 'Sanakadi'. Brahma - their foster father - asked them to create progeny, but the sons were quite different than what they were supposed to be and therefore they walked on the path of faith, devotion and benediction. They outrightly disobeyed the order of their Father. They prayed 'Oh Father ! Oh God ! We cannot do such work. We want to do devotion and worship of Lord Vishnu.'

This was a rude shock for Brahma. Brahma could not control his anger. His sons were disobedient and blunt. Brahma's inner frame burnt in the fire of anger and he lost control on his mind. And in such heat of fire appeared Lord Mahadeva - Shivji - from the forehead of Brahma. Thus the son Shivji appeared from the celestial body of Brahma. Lord Brahma asked him to create

progeny. In accordance to his nature and the society he dwelled at, Lord Shivji created the species of ghosts, preta, pishaacha and other such ferocious species. Brahma was not happy with the acts of his fifth son. Brahma said, 'Shivji ! My son ! I was not expecting such progeny. They will harm others in the future. Now you stop creating living bodies. Do penance for the salvation of your progeny. Do penance and meditation to give pleasure to the souls on earth. You will be able to give them pleasure and joys of life by your meditation and penance.' Thus the five sons of Brahma were not useful in the creation of universe.

Lord Lakshminarayan adorns a splendid throne at the abode of Vaikuntha. Goddess Lakshmiji sits beside him. Bhagwan says to her, 'Oh Mahadevi ! I am thinking now to fight. I want to fight with an equally strong warrior.'

Lakshmiji : Do you want to fight ? Why ? For what ?

Bhagwan : Yes, I want to fight. I want a war. A war against a warrior like me

Lakshmiji : But why ?

Bhagwan : There is nothing specific for such a war. This is just a wish.

Bhagwan looks at the gatekeepers. Jya and Vijaya, who are guarding the gate of heavenly abode and celestial court of Bhagwan.Both are strong, powerful and well-disciplined. They both were devotees of Shri Hari. Bhagwan wished to have a one-to-one fight with them. But they would not agree to such a proposal. They would prefer to submit their life instead of lifting a dagger against Bhagwan. Bhagwan thought about it and finalized a scheme to drag these two gatekeepers in a direct combat - a one-to-one war.

Sanatkumars desired once to have blissful darshan of Bhagwan. These four boys in the age group of five years walked to the abode of God. Nothing was unknown to them. Nothing was difficult for them. Traveling in space they came to the abode of God. Walking through the six gates without any difficulty they came to the seventh and main gate of Vaikuntha. Two guards - Jaya and Vijaya - were guarding the main entrance. Sanatkumars ignored them and crossed the gate in devotional fervor. Deities, Semi Gods and Gods and Goddesses were passing by them to-and-fro. They were taking note of these four children, who were naked, but at the same time astonishingly pure, divine and luminous.

Jaya and Vijaya saw them walking firmly towards the abode of Lord Lakshminarayan. They chased them and stopped them instantly, 'Who are you ? Who has permitted you to cross the gate ? How dare you ignore us ? Halt immediately and answer our questions.'

The Sanatkumars responded, 'Who else, other than his devotees, could be there at the abode of God ? Why are you asking us ? Do you have any doubt ? You two are an oddity in this society of Gods and deities. Your inquiry indicates the wickedness of your mind.' They responded so in a firm and strict tone.

Jay Vijay said, 'Your naked bodies are proof of your rudeness and we are supposed to interrogate such rude boys. It is our duty.'

'Why should one need a cover when one's vision is absolutely unveiled ? We are eager to do darshan of God. Don't waste our time.'

This commotion continued in the presence of Gods and deities. There was a

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DECORUM IN SATSANG

- Amritlal H. Patel

DECOURM OF GOD

(1) God himself is present in the idols installed or invoked by the Dharmkul Acharya - H.H. Acharya Maharjshri. This should be felt at the heart as and when pay a salute at the temple or at your Ghar Mandir.

(2) Poojari - personal priest of God - should serve God at the temple with absolute faith and trust that God himself is before him.

(3) Inclusive of metal, stone and paper, the idols are of eight kind in accordance to commandment of Shriji Maharaj. As Shriji Maharaj has promised, God dwells eternally in those idols. Therefore the devotees and aspirants should maintain decorum of the idol, befitting that of God in human form. God dwells at the heart of saints, therefore, similar decorum should be extended to the saints.

(4) God is omnipresent and omnisient, therefore in all circumstanes and in mental process one should maintain decorum of God, as like God in front of him. One who fails to act so, is not a faithful.

(5) Don't sit facing your back at God. Don't face the idol with shoes on.

(6) Don't face God when wearing a flower garland. Remove your flower garlands and visit the temple.

(7) Physical purity of body and cloths are a must. Wear fresh, washed cloth after bathing thoroughly. Be careful and follow this rule when proceeding to temple after your presence at the funeral rites or a Besana. Purity and sacredness are basic requirements. observe this decorum.

(8) Don't wear shoe or chappals in temple premises. Remove your foot wear at the place assigned by the temple authority.

(9) Don't do 'Pradakshina' when God is resting or sleeping Don't do it when God graces Thaal meals.

(10) Our sect is known for Dandvat Pranam. This is our own way of saruting God Acharya and Sants. Male devotees are required to do 'Ashtang Dandvat Pranam.' These eight organs are : 1. Hands 2. Feet 3. Knees 4. Chest, 5. Forehead, 6. mind, 7. Speech and 8. Eye sight (vision)

(11) Female devotees are required to do it as 'Panchang Pranam.' These five organs : 1. Hands, 2. Forehead, 3. Mind, 4. Speech and 5. Eye Sight (vision)

(12) At the time of Darshan, do darshan of ornaments, attires and blissful limbs of God. Try to install the idol at your heart.

(13) A devotee, if leaves home for an overnight stay, he should offer drinking water to God in his pooja to God and while dropping curtain should pray in submission 'Oh Maharaj ! I am leaving this place for some time. Be kind to me and have Thaal meals at Ahmedabad with Lord Narnarayandev.

DECORUM OF THE SCRIPTURES

(1) Pay obeisance to the scripture, before you begin to read it.

(2) If leaving your seat while reading a scripture, in first instance shut the scripture gently and place it properly at the assigned place, before you leave the seat.

(3) Don't fold or soil the pages of the scripture. Don't use scripture as a pillow or a back rest.

(4) Scripture is the word form of God. If

carring a scripture to other place, carry it after wrapping it in a clean and pure cloth. Put the packet in a bag to carry it decently.

(5) Don't open the pages by dirty hands or wet fingers. Ensure absolute cleanliness when opening pages of a sacred book. Don't leave your place or talk before completing the chapter under reading or study.

(6) Place the scripture at a higher place. Scripture is an idol of God. God dwells in the scripture.

DECORUM OF THE SHRINES AND TEMPLES

(1) The used water should not reach back to the well. Have bath or wash at a distance form the well or other water body.

(2) Don't spit or gargle in the water of a pond or river. To throw stones, garbage or any thing in the water body is a sinful act. Don't do it.

(3) The place of 'natural call' or 'urinals' should be far away (at least 125 ft.) from the water bodies. Ensure this distance and the seclusion as and when attending to a natural call.

(4) Shrines are for washing off the sins. Don't make the shrine dirty by leaving dirt and garbage.

(5) Maintain sanctity of mind and soul as and when visiting a holy place. Be in oneness with deties as and when at the temple. Live in holy company of the saints and listen to the Kaha Satsang during such visit. Don't remember comforts or discomfort, but have total memory of the direct darhsna and devotional feelings. Remember and memorize blissful view of image, icons and idols. Remember and memorize blissful place and prasadi-objects. Forget gross elements, forget ephemeral and remember eternal.

(6) The pilgrimage performed in accordance to religious rules, becomes a fruitful pilgrimage. Observe the rules of pilgrimage and adhere to it. These five are not yeilidng any virtuous reward of a pilgrimage : 1. An atheist, 2. A sinner, 3. A non-believer, 4. A suspicious one, 5. A negative man.

(7) These are the general rules for a pilgrim : Observe fasting at the shrine or in apilgrimage. Shave off your head. Do "Sapinda shraadha" and distribute cash gifts after the rites. Bhajan-Kirtan and 'Naam-Samkirtan' of God multiply virtuous rewards one thousand times, if performed at the shrine by the pilgrim. In similar way, the sin committed at the shrine becomes thousands time big and destroys the sinner. The sins committed in the world are destroyed at he shrine, but the the sin committed at the shrine can not be destroyed. There are no means to destroy such sin.

(8) Don't visit a shrine empty handed. Offer money or donate in-kind, within your limit.

DECORUM OF H.H. ACHARYA MAHARAJSHRI

(1) don't enter in a an argument with your Acharya Maharajshri. Do poojan Archan of Acharya Maharajshri by preseting grains, money, wealth, attires etc. (Shikshapatri : 71)

(2) Walk forward to receive Acharya Maharajshri with due respect. At the end of such event, escort His holiness up to the village outskirts and bid humble farewel.

(3) Don't borrow any thing from the Acharya Maharajshri or the temple. don't borrow ornaments, attires, utensils from them to conclude your householder programme.

(4) Pay 'Dand-Vat-Pranam' to do Darshna

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DESIRES OF A CAUSAL BODY CAN NOT BE DESTROYED WITHOUT INSTALLING IDOL OF GOD AT THE HEART AND SOUL

- Jayantibhai K. Soni

Discard self-ego to receive idol of God. Be ego free to attain blissful darshan of God. Worldly pleasure and joys of life are not to stay with us forever. Journey of life after death is a lonely journey. No one is to join us in our travel to other world. We have lost million of births and lives in the past to earn wealth and the pleasures of women and progeny. We have lost them repeatedly in our past births. Now, think about present life. Think, what you can do to receive God. Concentrate your mind in devotion and worship of God. Rededicate yourself at the lotus feet of our eternal Guru – H.H. Acharya Maharajshri and do devotion of Narnrayandev.

We are fortunate people. Omnipresent Lord Shri Swaminarayan Bhagwan is with us. Swaminarayan Bhagwan has favoured us by installing Guru - H.H. Acharya Maharajshri. We are most fortunate to live in holy company of H.H. Acharya Maharajshri, saints and satsnagis. This is our satsang – the Satang of Shriji Maharaj. Now nothing is impossible to attain God and self - benediction. Therefore, concentrate steadily in devotion, service and worship of God. Listen to Katha Kirtan. Meditate and concentrate at heart by installing blissful image at the core of heart and soul. Concentrate your mind and sense organs. They are inner enemies. These inner enemies are more dangerous than external threats. They may lure & tempt us to the path of sense objects and its pleasures. These may lure us to spoil our benediction.

Shriji Maharaj was gracing Gadhpur dham. Once he was having meal at the royal residence of Dada Khachar. He concluded the meal, had mouth freshner and walked towards the room of Sasudeva Narayan. Shriji Maharaj graced there the bedstead and sat facing east. Nrisimhanand Swami and other saints who were sat there waiting for Shriji Maharaj, had blissful darsan of Shriji Maharaj. Nrisimhanand Swami prayed to Maharaj, 'Maharaj ! Is the pleasure of constant Darshan and the image could stay forever ? Maharaj looks at the saints and says, 'Swami ! Jiva (Soul) has three Gunas; Rajas, Tamas and Sattva. The Antahkarana, impressed by the Gunas, loses eternal pleasure of the idol of God. Polluted Antahkarana effects adversely on spiritual wisdom of the soul. These Gunas live in causal body. Causal body can not be destroyed easily, and it can not be ignored. It is more disastrous than the distreection caused by the sin of billons of Brahmhatya (assessination of Brahmin). The soul can not be at ease due to the Antahakaran that is polluted by the Gunas.

Shriji Maharaj narrates here an episode related to Indra. Indra is the king of heaven and deties. Once he committed a major sin by killing a brahmins. This sin of Brhamhatya was pesturing him like a parasite. Worries,

tension and fear reduced him to a skeleton. He lost thrist, hunger taste and joys of life. Peace and pleasures became lake a broken dream. Narada - the celestial traveler saint came to heaven to meet Gods and deities. He went to the palace of Indra. Narada ask him about his health and expressed his concern in regard to his physical and mental weakness. Indra disclosed his problem and said that a sin of brahmhatya was killing him each moment. I am not at peace, was totally broke, and was being disintegrated each next moment. He the India - was finished. Narada consoled him and advised him to keep his younger brother (vamana) at his heart by remembering him constantly. Indra took it lightly to ignore. It would have been a proper advice if great Gods were recommended, but here, Narada was recommending a child ! What a senseless idea. As the time passed, sin became more powerful it choke the heart of Indra. Helpless Indra tried his divine powers to defeat the effects of the sin, but those divine powers were nullified under adverse effect of Brahmhatya. At last he remmebred advice of Narada, and treid it for a test. He remmebred his younger brother and memory of younger brother filled his heart. Brahmhatya withdrew itself from the person of Indra when memories of younger brother spread in the heart of Indra. Indra realized the power and majesty of remembering. He thanked Narada for his wholesome advised and got rid of Brahmhatya by installing idol of vaman at his Antahkaran.

The causal body destroys automatically if idol of God - memory of God dwells forever at our Antahkaran. This is the only way to destoy causal body. Bhagwan say in Vachanamrit (Gadhada, F-1) : Image of God is like a chintamani (wish fulfilling stone). The soul merged in the image of God, holds powers to witness pure forms of Jiva, Ishwara, Maya and Brahm. Such a soul can see the divine abodes of Vaikuntha, Goloka, Brahma Mahol.... Therefore, soul should strive at the best to hold image at the heart.

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Decorum in Satsang

of H.H. Acharya Maharajshri. Remove turban or cap from your head and pay salute.

(5) Stand strait with respect, when His holiness graces a satsang Sabha. Stand up in His honour, when His holiness leaves the sabha.

(6) Present flower garlands, coconut and other items at the time of paying obeisance of H.H. Acharya Maharajshri.

(7) At the time of Samaiyas and the special event, don't create crowd or commotion to have dust particles by touching holy feet. Stand strait with folded hand in a que and have blissful darshan of His holiness.

(8) All male satsanais should receive 'Guru-Mantra' from H.H. Acharya Maharajshri. Daily-Japa of one rosary length is a must for all the satsnagis. They should do Japa of the 'Guru-Mantra. Female-Satsangis should receive Guru Mantra from Respected Gadiwalashri.

(9) On auspicious occasions like marriage ceremonies and othes, the satsnagis or the aspirants should visit the good office of H.H. Acharya Maharajshri to receive blessings of His holiness. We should not ask His holiness to come to our establishment to bless us. Take good care of the convenience and comfort of His holiness before you plan any thing for His holiness.

I am Dirctly Connected to Lord Narnarayandev

- Prof. Suryakant Bhatt

Lord shows us the path of benediction. He asks us not to conceive concept of a 'statue" or "an Idol" in regard to the idol which a devotee has received for personal Pooja at home. It is immaterial, even if it is made on paper or metal or stone. Shriji Maharaj asks us precisely to not to take it as an idol. God dwells there in the idol. Omnipresent surpeme Lord is before us.

Our Guru - Acharya Maharajshri and Paramhansa saints preaching this eternal truth : The soul shall not be emancipated and there shall be no room for the benediction unless he feels and realizes God in the idol in front of him.' As and when a soul attains this height, though a householder, he wins the world, prevails upon them. He enjoys panchavishayas but enjoys them in relation to God. He dwells in eternal bliss. A soul has to renounce the sense objects at first, to ralish eternal bliss and divine pleasure. The process of realization of God begins with discarding thoughts and concept of God begins with discarding thoughts and concept of 'idol' at the time of Poojan Darshan.

Shriji Maharaj has mentioned the eight types of the idols, in his Vachanamrit (Gadhada, F-48). Lord Shriji Maharaj asks satsangis to listen to him attentively and preaches, 'The idol, painted on paper shall be given to the devotees. The devotees will do pooja of Bhagwan dwelled in paper idol. The pooja and meditational worhisp presented thus to the idol given to you by me is authentic and in accordance to the scrpture. Shrimad Bhagwat describes the idols of eight different objects. Therefore, the idol in form of a picture or a drawing is an authentic idol. This may be treated as my order and therefore, all my satsangis devotees must do daily poojan of Lord Narnarayndev, after early morning rituals and bathing. They should do pradakshina of the idol and should submit Shashtang Dandvat Pranam. Thereafter, in the concluding prayer they should submit. 'Oh Maharaj ! Save and protect us against bad-company. The bad-company is of four kidns, namely kuda pathi, shakti panthi, vedanti and Nastika. Kuda Panthis may pull us down from the sacred vow of Panchvartman. Shakti Panthis may draw us on the path of consuming intoxicants and meat to spoil our purity and sanctity. Vedantis will shake our trust and faith by proving all the shapes as a false notion. A non-believer (Nasthik) or atheist believes only in gross matter and believes that there is no existence of God. Such destructive ideas and sinful ways are not favourable for the satssngis. Therefore, they should stay away from such lots and should free themselves of anger and greed. They should chant the holy name of Narnarayan.

Shriji Maharaj has explained here in suble way the eternal form of Him, and while doing so, He has presented before us the magnanimity, majesty and divinity of that eternal form Shri Narnarayandev Ghanshyam Maharaj . Shriji Maharaj points at the universal path of ultimate benediction : 'Don't allow your mind to think that how picture on paper could be a saviour against a bad-

company ? I and Narnarayndev are in direct contact. If you will maintain the regular pooja of Lord Narnarayandev in accordance to my orders, I will directly speak to him, 'Oh Maharaj ! Please dwell eternally in the idols, which have been worshipped daily with poojan-Archan and practice of Panch Vartman. By all my strangth and force of love, I will tie Narnarayandev in string of love and dedication to be eternally in the idol that you worship. Therefore, believe firmly that the idol himself is Narnarayndev in eternal presence. Don't leave it without pooja. Daily poojan is a must, and Narnarayandev will be there forever by your poojan-worship, This is my order and all should adhere to it.'

Thus, Shriji Maharaj has shown us the path of Upasana to free us from the worldly worries and to lead us to the destination of ultimate benediction. No incarnation has promised and practised such preaching. Shriji Maharaj is the incarnation of all the incrantions. Faith and trust are a must.

It is most unfortunate for us that only a few in the satsangis are practising this order. Contemporary saints are practising this order and even today they feel elated in devotional love while serving poojan archan to picture-idol. They ask us to concentrate our mind in idol during pooja archan. We should not talk at the time of pooja, we should not initiate dialogue at the time of Darshan. Poojan-Darshan should be exclusively for God. To undertake other business at the time of pooja or darshan is like insulting God. Submit exclusively at the lotus fet of God. Think about God - Narnarayndev Ghanshyam Maharaj and do daily poojan of the idol received from Acharya Maharajshri and Paramhamsas of His holiness. This will bless you with blissful majesty of Akshardham.

Con. from page 13.....

Sparks of Brahmic Luminosity

large crowd and lots of noise at the gate. Now Sanatkumars - though they always believed in solace and peace - became a bit perturbed. Those two guards were treating them like loitering children. Sanatkumars looked at them and proclaimed in a firm tone,'You both are not deserving this high position of gate keepers of heavenly abode. Let there be instant fall and descend to the lower lokas. You both will roam there on the earth, ruled by desires, anger and greed. This is the punishment for your rudeness.'

This was a heavy shock and Jay-Vijay realized their blunder. They prayed to the Sanatkumars to forgive them for their misbehavior. There was great commotion at the gate and a huge crowd gathered in the inner courtyard. Celestial music was stopped for the time being. Lord Lakshminarayan asked Lakshmiji to excuse him and Lord Vishnu rushed back to the gate to find out the cause of unrest. Lakshmiji followed in the steps of Lord Vishnu.

Lord Vishnu came to the gate and Sanatkumars saw Lord Vishnu rushing to them. Sanatkumars were thrilled and elated by the blissful darshan of Lord Vishnu. They paid obeisance and touched the lotus feet of Lord Vishnu.

Lord Vishnu received them at the heavenly court and conveyed regret for the misbehavior of Jay-Vijay. Sanakas too expressed regret for such a sad incident with a will to amend the curse. Lord Vishnu desired their early return and conveyed that whatever happened was nothing but what He had desired for them. Nobody including Sanakas and Jay-Vijay was at fault. Jay Vijay descended to the lower loka to fulfill the curse of the Sanakas.

News And Notes From Shri Narnarayandev Desh

AHMEDABAD REGION

Guru Purnima Celebrations at Shri Swaminarayan Mandir, (Kalupur) Ahmedabad

Thousands of saints and devotees from India and abroad have thronged the shrine to serve Guru Purnima Poojan to the Supreme Oreceptor - H.H. Acharyashri of Shri Narnarayandev Desh diocese - H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri. His holiness graced the shrine early morning and presented Shanager (fulldress) Aarti to Lord Narnarayandev Harikrishna Maharaj. His holiness was accompanied by Future Acharya - H.H. Lalji 108 Shri Vrajendraprasadji Maharajshri at the service to the Lord of Bharat Khanda.

His holiness graced thereafter the assembly to receive poojan Archan from their thousands of disciples. Swasti vachans were chanted by the scholar brhamin priests and poojan Archan and Gifts were presented to the Acharya Maharajshri. His holiness is Guru of the Satsangis. Satsangis at Ahmedabad and elsewhere have awaited eagerly for this festive day to pay obeisance to their personal Guru. Mahants and senior saints from major temples were present on this occasion. S.G. Mahant Swami shastri Nirgundasji Swami helped the Satsangis to understand glory and majesty of this annual event. in his enlighteing speech S.G. Shatri Nirgundasji Swami explained to them the glory and majesty of Guru Poojan, by quoting ancient scriptures. Thousands of devotees stood alert in queue to do darshna and charan-sparsh of His holiness. H.H. Acharya Maharajshri and Respected Lalji Maharajshri blessed the satsangis for their devotional fervour. The sabha was conducted by Kothari Swami Satyaprakash Swami.

- Dharmprakash Swami

H.H. Lalji Maharajshri blesses the Satsangis on his 9th Birthday

H.H. Lalji Maharaj 108 Shri Vrajendraprasadji Maharajshri's 9th birthday was celebrated by his Satsangis on auspicious 10th day of the dark half of Ashadha.

H.H. Lalji Maharaj, accompanied benignly by the Grand Father - H.H. Aacharya Shri Tejendraprasadji Maharajshri, graced the inner temple early in the morning and presented shanagar - Aarti to Lord Shri Narnaraynadev.

H.H. Lalji Maharajshri at the prasadi Sabha Mandapam and graced the seat of celebrations in bening presence of H.H. Acharya Shri Tejendraprasadji Maharajshri. Grand son and Grand Father were received in applause by the saints, devotees and the students from the Gurukulam. They wished His holiness Hapy birthday.

Special assembly was conducted by Shastri Satyaprakash Swami in absence of Mahant Swami. Enlightening speeches were delivered by the scholar saints amidst chams of vedic hymns and the flower garlands, birthday gifts and birthday wishes were submitted to H.H. Lalji Maharajshri. Hundreds of saints and thousands of devotees were assembled at the Sabha Mandpam and courtyard to convey birthday wishes to H.H. Lalji Maharajshri.

H.H. Lalji Maharaj 108 Shri Vrajendraprasadji Maharajshri conveyed special blessings and sang "અધમ ઉદ્ધારણ અવિનાશી તારા." The celebrations were chaired by H.H. Acharya 1008 Shri Tejendraprasadji Maharajshri. Acharya Maharajshri has conveyed his hearty blessings to entire Satsang.

-Vishwavallabhdasji

Installation of idol at the Prayer hall of Aksharmahol Wadi

A special prayer hall has been constructed here at the Akshar Mahol Wadi with the due

blessings of H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri and with encouragement and inspiration from S.G. Shastri Swami Purushottamprakashdasji and Mahant Swami Shastri Atmaprakashdasji.

The first poet of Gujarati language Kavi Dalpatram Dahyabhai is a pioneer personality of Gujarati literature. Lineage of Kavi Dalpatram is known as Kavi Family, and the 'Kavi' has become the surname. Kavi family is a Satsangi family. The family members sarvashri Kalaben Kavi Parivar and Devikaben Vasantbhai Trivedi (Chicago) have earned the pleasure of Shri Hari by their contribution towards construction of prayer-hall. Mahant Swami Krishnaprakashdasji has earned the pleasure of Maharaj by his counsel to the aspirants. Maha Poojan was served to the idol of God at the prayer hall with the due blessings of H.H. Acharya Maharajshri. His holiness graced the occasion and invoked God amidst the chants of vedic hymn at the prayer hall. Scholar saints, principals and the students of the Pathshala and college were present on this occasion.

His holiness has conveyed his satisfaction towards the manintaince and mangement of the hostel, Pathshala and sanksrit college. The event was concluded with the blessings of H.H. Acharya Maharajshri.

- Shastri Swami Hariomprakashdasji, Director.

Hindola Darshan at Shri Swamianrayan Mandir, Ram baugh, Kankaria (Ahmedabad)

Beautiful hindolas of various objects were presented here to Lord Thakorji with the due blessings of H.H. Acharya Maharajshri. The kothar staff and devotees were guided by Mahant Swami Guruprasaddasji Swami and Kothari Anand Swami in construction of Charmful Hindolas. Hundreds of devotees have contributed towards one day hindola service to Lord Shri Radhakrishandev Harikrishna Maharaj. Poojari Swami Devkrishandasji and saints have earned the blessings of Shri Hari by their service towards shanagar. *- Sadhu Yagyaprakashdas.*

Lord Morlimanohar Harikrishna Maharaj at Dholka temple graced the Hindolas of Various objects

Splendid Hindolas were presented here to Lord Morlimanohardev dwelling at Shri Swaminarayan Mandir Dholka. The events were organized with the due blessings of H.H. Acharya Maharajshri and the deovtees were encouraged by . Mahant Swami. Jagatprakashdasji and Mahant Swami Vishnuprasaddasji, to particpate in the festivities. The Hindolas of biscuits, chocolates, pules, dry fruits, grains, green fruits, vegetables and other objects were crafted very skillfully by the saints and devotees. Thousands of devotees have benefited by the Hindola-Darshan. *- Dholka Satsang Mandal*

Hindola Mahotsava at Narayanghat Swaminarayan Mandir

H.H. Acharya Maharajshri graced this temple (16-7-06) and inaugurated Hindola festival. H.H. Acharya Maharajshri conveyed his hearty blessings to the saints and devotees who have planned this majestic event of presenting beautiful Hindolas to please Lord Thakorji.

His holiness graced thereafter the new building of Bhojanalaya and inaugurated spacious dining hall. H.H. Acharya Maharajshri was present on this occasion, to swing the hindola of Lord Thakorji.

The events were managed effectively by S.G. Mahant Swami Ghanshyamprakashdasji.

- Sadhi Bhaktikeshavdas.

Shri Swaminarayan Mandir, Mehsana

Satsang Sabhas are being organized regualarly on each Ekadashi day and on the [illegible] Saturdays every month. The Sabhas are organized at the temple with the due inspiration from S.G. Swami Shastri Purushottamprakashdasji. Mahant Swami Narayanprasaddasji and the saintly group of

Swami Uttampriyadasji have earned the pleasure of Shri Hari by conducting Satsang Sabha. Bhajan-Kirtan and Katha Varta sessions are conducted at such Sabhas. The sabha dated 25-06-06 (Sunday) was conducted at the residence of Shri Ajaybhai Soni and enlightening discourses were delivered by Mahant Swami and Uttam Swami to explain Navadha-Bhakti (the nine ways of devotion). Dhoon-Kirtans were served by Visnagar-Satsang Mandal. *- Babubhai Chaudhari*

Shri Satsangi Bhushan-Parayan Shri Swaminarayan Mandir, Torda

Blessed village Torda is birth-place S.G. Gopalanand Swami. Shrimad Satsnagi Bhushan Parayan Satsang was organized here with the due blessings of H.H. Acharya 1008 Shri Koshalendraprasadji Maharajshri. The feast of devotional knowledge was organized here for the seven days to sing praise of Lord Shriji Maharaj on event of 'Jivat-Charya' of Lady Satsangi Sakarben Ranchodbhai Jethva (Gandhinagar). The seat of the principal reader priest was graced by S.G. Shastri Harijeevandasji (Shri Swaminarayan Mandir, Gandhiangar). The events were organized at the temple by a team of the saints and Satsnagis led by Mahant Swami S.G. Krishnaprasaddasji. The Satsang-paryana and events were hosted by the Jethva Family. The devotees from Torda and nearby villages have bendfitted extensively bythis devotional feast of knowledge. *-Sachin Bhagat, Torda*

Shri Swaminarayan Mandir Nava Vadaj

A special Satsang was organized here at the temple to honour merit of the class X and XII students. The event was chaired by the devotee Shri Navinbhai Parikh and the prizes were awarded to the scholars who stood 1st, 2nd and 3rd in the Board examination. Bhajan Kirtan and Katha Satsang were organized to please Lord Shriji Maharaj. Our Satsangi Shri Navinbhai Parikh has hosted the event of prize distrubution by bearing all the expenses towards prize distribution and Satsang Sabha. Hundreds of devotees have received Chaturmaas Niyamas to please Lord Thakorji. *-Shambhudan Patel*

Hindola Mahotsava at Pokhra (Nepal)

Shri Swamianrayan Mandir Pokhra (Nepal) is celebrating Hindola festival with the due blessings of H.H. Acharya 1008 Shri Koshalendraprasadji Maharajshri, Shri Narnarayandev Diocese, Ahmedabad. S.G. Shriji Swami and Swami Loknathdasji have earned the pleasure of Shri Hari by initiating this religious celebrations. The charmful Hindolas of Cloves, black and white peper and the other sacred objects were designed by the saints to please Lord Thakorji. The saint and the devout hosts have earned the devotional pleasure of serving swings to lord Thakorji. A grand Shoba Yatra shall be organized on auspicious Janmashtamiday.

- Shriji Swami, Pokhra (Nepal)

Shri Swaminarayan Mandir, Dhanbad (Behar)

The 23rd Annual Patotsav of God at the Shri Swaminarayan Mandir, Dhanbad (Behar) was organized on the 13th day of the bright half of Ashadha with the due blessings of H.H. Acharya Maharajshri of Shri Narnarayandevdesh Diocese. Katha-Parayan and Mahapooja were organized and Patotsava Mahabhishekam and Annku-Aarti were served to Lord Thakorji. *-Lalitbhai Gandhin, Swaminarayan Satsang Mandal.*

About Shri Swaminarayan Mandir, Nathdwara (Raj.)

H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri pleases to His Rajasthan Satsang and conveyes his consent to celebrate the Annual Patotsavas on the 9th day of the bright half of Kartika-every year at Shri Swaminarayan Mandir, Nathdwara (Rajasthan). The Satsangis and the saints are requested to take a note of the announcement. *- by order, Mahant Swami, Shri Swaminarayan Mandir, Nathdwara*

MULI REGION

Charadava Temple Organizes the Constant Dhoon session of 225 days.

Shri Swaminarayan temples in India and abroad are planning in big way the celebrations of the 225th manifestation day of Shri Swminarayan Bhagwan. The plans, events and celebrations are being organized with the due blessings of H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri. The Seventh Descendant Son and Heir of Shriji Maharaj - Shri Narnarayandev desh Diocese, Ahmedabad.

Prasadi place Charadva Dhaam (Muli Desh) has initiated constant Dhoon session of the 225 days duration to build up devotional fervour with the due blessings of H.H. Acharya Maharajshri. This grand event of Dhoon is planned and organzied by a team of the saints and devotees led in past by (Late) S.G. Vigyandasji Swami.

H.H. Acharya Maharajshri graced this sacred land (9-7-16) and came to the temple with his enlightened retinue of Paramhamsas and senior devotees. His holiness graced thereafter the inner temple and served Maha Aarti to Lord Radhakrishnadev Harikrishna Maharaj. Maha Aarti lamp was be-decked with 2500 wicks. Thousands of devotees and visitors thronged the shrine to have divine view of Aarti seva. A satsang Sabha was organized to inauguarate Doon session of the 225 days. H.H. Acharya Maharajshri graced the Sabha and blessed his devotees with his blissful darshan. Glory and majesty of Nam Samkirtan was explained to the devotees by the Scholar saints and senior devotees. H.H. Acharya Maharajshri blessed the organizers of this religious event and conveyed his pleasure to Mahant Swami Jishnucharandasji by preseting to him with flower galands.

H.H. Acharya Maharajshri graced the prayer hall and inaugurated Japa-Yagya by lighting a lamp. Devotees from India and abroad were present on this occasion. This daily Dhoon sessions will last for the 225 days ingross net Doon hours shall be 5400, to make it non-stop day and night Dhoon.

Poojari Swami Divyaprakash Swami and Neelkanth Swami have earned the pleasure of Maharaj by helping God to receive new attires ornaments and cosmetics. S.G. Shastri Vrajvallabh Swami, Shantiprakash Swami, Das Swami and others have earned the pleasure of Shri Hari by their service at the celebrations. The Dhoon began on 9-7-06 will continue to sanctify the envriounment till 19-2-07.

Our devout Satsang in India and abroad are invited heartily by the Mahant Swami of Charadava temple. they may book their programme in advance by telephone. Appropriate arrangements for stay shall be made available to the out station devotees.

OVERSEAS

Shri Swaminarayan Mandir Sydney, (ISSO, Australia)

Seve-Pooja and Satsang activities are progressing very well at this temple with the due blessings of H.H. Acharya Maharaj 1008 Shri Koshalnedraprasadji Maharajshri. Weekly Satsang Sabhas are being conducted regularly with active participation of Satsangis. Each this Sabha is hosted by the devotees to please Shri Hari. Honourable Mayor Shri Amitbhai Shah was come to the temple during his tour of Australia. He was welcomed with flower garlands at the temple. Mayor Shri has conveyed his good wishes to the volunteers and Satsangis for their activities and services in this area. He was impressed by the plans and management of temple.

The Sabha dated 21-5-06 was hosted by Shri Kiranbhai Amin, Sabha dated 28-5-06 was hosted by Shri Bhalchandra Bhavsar and Sabha dated 4-6-06 was hosted by Shri Hansaben Vaghajiyani. Shri Mavjibhai Bhudia (Sukhpar Kutch) serves at the inner temple with the due blessings of Acharya Maharajshri.

- Tejas B. Patel

Shri Swaminarayan Mandir, Leicester (ISSO, UK)

A group Maha Pooja was organized here (25-6-06) at our temple with the due blessings of H.H. Acharya Maharajshri. The group Mahapooja event was hosted by Smt. Madhuriben Babubhai Sandha. Lord Thakorji was bedecked with Sandal-paste attires to give devotional pleasure to the devotees. The Attires and ornaments were hosted by Shri Tarunbhai Farasurambhai Trivedi.

The auspicious and enlightening festival of Gurupurnima was organized on 11-7-06 and Poojan-Archan-Aarti and gifts wer served by the satsnais to the photo image of H.H. Acharya Maharajshri. A large number of devotees were present on this occasion.

-Hemrajbhai Chotalia

Shri Swaminarayan Mandir, Colonia (ISSO, USA)

A Satsang Sabha was organized here on 'Dev Podhi Ekadashi day" to explain importance and relevance of Chaturmaas Niyamas. The event was inspired by Shastri Swami. Ishwarjeevandasji with the due blessings of H.H. Acharya Maharajshri. The Chaturmaas Niyams were explained to the devotees by S.G. Shastri swami, and episode of Vaman Katha was narrated on this occasion.

A camp - cum - medical clinic was organized under 'Seva' with a well kneat team of expert doctors. A large number of patients have benefited by this check-up and follow up programme. Our Satsangi volunteers have extended loudable service at this medical camp. The doctors at the camp and media man Subhashbhai Upadhyaya (Editor-Gujarat Darshan) were honoured duely by Mahant Swami Dev Swami and S.G. Ishwar Swami. Forthcoming annual Patotsava at this temple shall be celebrated in benign presence of H.H. Acharya Maharaj 1008 Shri Koshalendraprasadji Maharajshri. The Sabha and events were concluded with Janmangal, Thaal-Aarti and Nitya Niyama.

- Pravinbhai Shah

Bi-Centennial Silver Jubilee Celebratioin Chhapaiya (Uttar Pradesh) India

TO THE ASPRIANTS AND THE DEVOTEES IN INDIA AND ABROAD

The Bi-Centennial Silver Jubilee Celebrations (25-10-2006 to 27-10-2006) at Chhapaiya Dhaam shall be chaired by H.H. Acharya Maharajshri. Appropriate Camping and boarding arrangements have been made to accomodate all the visitors. To facilitate their religious tour, we are requesting to all our devotees (in India and Abroad) to send following information by telephone :

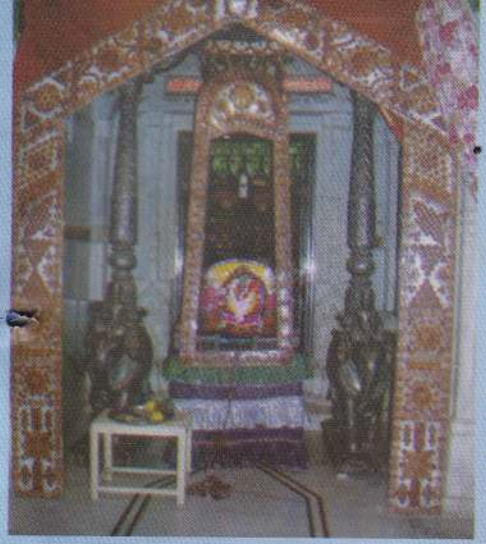
The Information : Name, Address, Phone No. Number of people, date of reaching Chhapaiya, duration of your stay.

Who is to be contacted ? :

1.	Ahmedabad	Bhavsar Pankajbhai	(M.) 9925848249 • (R.) (079) 27620499
2.	Mehsana (Kukarwada)	Patel Bhaktibhai	(M.) 9426572606 • (R.) (02763) 253085
3.	Panchmahals (Kothamba)	Kacchiya Ashwinbhai	(M.) 9979422500 • (R.) (02674) 230524
4.	Sabarkantha (Aroda)	Patel Navnitbhai	(M.) 9879750439 • (R.) (02778) 240439
5.	Muli (Surendranagar)	Jhala Shailendrasinh	(M.) 9825386370 • (R.) (02752) 283885
	(Halvad)	Jobanputra Chiragbhai	(M.) 9825168781 • (R.) (02758) 260158

Please contact immediately.

Those who wish to volunteer the services should contact : Shri Narnarayandev Yuvak Mandal, Swaminarayan Mandir, Kalupur, Ahmedabad.



Charmful Hindolas are being served to Lord Thakorji at Shri Swaminarayan Mandir, Kankaria, Ahmedabad.



H.H. Lalji Maharajshri serves festive Aarti of Maha Pooja on invocation of God at Shri Swaminarayan Mandir, Jivapar (Halar)



Majestic hindolas being served to Lord Thakorji at Shri Swaminarayan Mandir, Dholka.



Devotees are participating at contant Dhoon session of 225 days duration (Charadava temple)



This spacious dining hall at Narayanbghat is inaugurated by H.H. Acharya Maharajshri.



Majesty of the Hindola at Shri Swaminarayan Mnadir, Narayanghat, Ahmedabad.



H.H. Acharya Maharajshri serves festive Aarti of the 225 wicks on bicentennial Silver Jibilee celebrations at Charadava.



Praful Kharsani

Satsangi ladies at the Guru Purnima celebrations.
(Shri Swaminarayan Mandir, Kalupur, Ahmedabad.)